

Nurse Practitioner Association of Canada  
National Conference

April 12 - 14, 2024  
Calgary

# momentum2024 le dynamisme

**Nurse Practitioners Shaping the  
Future of Canadian Healthcare**



Nurse Practitioner  
Association of Canada

Association des  
infirmières et infirmiers  
praticiens du Canada

[npac-aiipc.org](http://npac-aiipc.org)



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# welcome

A warm welcome to each of you as we gather for the inaugural conference of the Nurse Practitioner Association of Canada (NPAC).

We acknowledge and respect that we are gathered today on the traditional territories of the peoples of Treaty 7, including the Blackfoot Confederacy (comprised of the Siksika, the Piikani, and the Kainai First Nations), the Tsut'ina First Nation, and the Stoney Nakoda (including Chiniki, Bearspaw, and Wesley First Nations). The city of Calgary also serves as home to the Métis Nations of Alberta, Districts 5 and 6.

In the days to come, we have an opportunity to share our knowledge, learn from one another, and shape the future of Nurse Practitioners in Canada. NPAC is the voice of NPs in Canada, and we are committed to supporting our community through every challenge and opportunity.

We urge each of you to engage throughout our two days together, to connect with fellow attendees, and to seize every moment for personal and professional growth during this conference. Let's unite our expertise and passion to drive meaningful change, ensuring that Nurse Practitioners are integrated as valued members of healthcare teams across Canada.

Moreover, let us not forget that this conference marks the beginning of an annual gathering for Nurse Practitioners in our country. Together, we believe that we will continue to grow and strengthen the profession of Nurse Practitioners across Canada.

Thank you for joining us!

**Dr. Laura Housden**, PhD, MN-NP(F)

President - NPAC

**Dr. Stan Marchuk**, DNP, MN-NP(F), FAANP

CEO - NPAC

## friday, april 12

### 1200-1300

Conference Registration Check-in and Exhibitor Hall

### 1300-1400

How to Transform Clinical Issues into Researchable Questions: Developing an Impactful Problem Statement - An Interactive Workshop-style Session

**Dr. Denise Bryant-Lukosius**, RN, CON(C), BScN, MScN, PhD FHKAN

**Dr. Ruth Martin-Misener**, NP, PhD, MN, BScN, DOCHN, FAAN, FCAN

### 1400-1430

Not a Hard Pill to Swallow: Penicillin Allergy De-labeling Made Easy

**Alison Moore**, NP(F), BScN, MPH

### 1430-1500

The NP Role in Gender Affirming Care

**Sarah-Jane (Saje) Crossen**, NP

### 1500-1520

Active Break - Refreshment

### 1520-1600

Building Momentum for NP Leadership: From Advocacy, Governance and Operations to Medical Leadership

**Dr. Laura Housden**, PhD, MN-NP(F),

President – Nurse Practitioner Association of Canada

**Dr. Stan Marchuk**, DNP, MN, NP(F),

FAANP – Chief Executive Officer, Nurse Practitioner Association of Canada

**Dr. Michelle Acorn**, DNP, NP PHC/Adult, CGNC, FCAN, FAAN, FFMRCIS,

FQNI – Chief Executive Officer, Nurse Practitioner Association of Ontario CEO

**Dr. Jennifer Beaveridge**, MScN, DNP, NP(F)

Senior Medical Leader (HAMAC Chair), Executive Director of Nurse Practitioners

### 1600-1700

Rags to Riches but Battered and Bruised: The Torturous Road to NP Pay Equity and Access to Healthcare for Albertans

**Dr. Susan Prendergast**, PhD, NP

**Jennifer Mador**, MN-NP

**Pascal Ryffel**, BA (Sociology), MA (Media & International Development)

### 1700-1730

Poster Presentations

### 1730-1930

Evening Social

Sponsor: **Total Cardiology**

Entertainment: **Dave Hirshman**

## saturday, april 13

### 0700-0800

Conference Registration Check-in  
Breakfast

### 0730-0800

Exhibitor Hall

### 0800-0900

Breakfast Symposium

Platinum Sponsor: **Astellas**

**Dr. Shafeena Premji**, MD, CCFP, MHA, NCMP

### 0900-0910

Land Acknowledgment and Welcome to the 2024 Nurse Practitioner Inaugural Conference

### 0910-0925

Welcome - Elder Eagle Speaker

## saturday, april 13 (Cont.)

### 0930-1030

Keynote Speaker - **Steven Lewis**  
Responsible Advocacy in a Time of Crisis:  
NPs and the Future of Medicare

### 1030-1100

Coffee and Exhibitor Hall

### 1100-1130

Emergency Nurse Practitioner Certification in  
Canada: The Time is Now!

**Nancy Theriault**, MSN, NP, ENP-C

**Daris Klemmer**, MN, NP-FAA, FNP-C, GNC(c)

### 1130-1200

Effective Reporting Structures for Hospital-Based  
Nurse Practitioners - What is the Evidence?

**Rini Dass**, Adult-NP, PhD Student

### 1200-1230

Integrating Patient Complexity and Provider  
Experience to Determine Nurse Practitioner Panel  
Sizes in Primary Care

**Edrene Jiang**, MPH

**Michael Tantongco**, MN, NP(F)

### 1230-1330

Lunch and Exhibitors

### 1300-1330

Rethinking RSV: New Approaches for Disease  
Prevention

Lunch Symposium Sponsor: **Sanofi**

**Dr. Jay Patidar**, MBBch (Wits), FCP-Peds (S.A.)

### 1330-1430

The Power of Movement in Our Leadership

**Sue Davis**, Facilitator, Change Maker and Capacity Builder

### 1430-1500

Enhancing Collaborative Healthcare  
Delivery for Nurse Practitioners Through  
Digital Platforms

**Dr. Daniel Rasic**, MD, MSc

### 1500-1530

Coffee and Exhibitor Hall

### 1530-1600

Innovative Utilization of Nurse Practitioners to  
Enhance Emergency Department Care

**Jennie Partridge**, BN, MN, DipTropNurs, NP

**Cheryl Zibell**, BN, MN, NP

### 1600-1630

Empowering Nurse Practitioners: Introducing  
the Nurse Practitioner Clinician Scientist Role for  
Healthcare Innovation

**Sarah Crowe**, MN, NP

### 1630-1700

Breaking Boundaries: Are We Entering  
a New Era in COPD Management?

Session Sponsor: **AstraZeneca**

Sponsor Talk: **Riley Epp**, MN, NP

### 1700-1730

Unlocking the Power of Administrative Health  
Services Data-Insights from the BC Nurse  
Practitioner Legacy Database Project

**Dr. Minna Miller**, NP, FNP-BC, NP(F), FAANP

**Dr. Stan Marchuk**, DNP, MN, NP(F), FAANP

### 1730-1745

Alberta Minister of Health

**Honorable Adriana LaGrange**, Alberta Minister of Health

**sunday, april 14**

**0700-0800**

Conference Registration Check-in  
Breakfast

**0730-0800**

Exhibitor Hall

**0800-0900**

Breakfast Symposium  
Reimagining the Patient and Provider Experience:  
The Role of Digital Health

Platinum Sponsor: **Teledoc**

**Dr. Timothy Foggin**, MDCM, MPH, FCFP, FRCPC, FACH, DipABLM

**Lisa Barret**, RN, BS, MSN

**0900-0910**

Opening Remarks

**Dr. Stan Marchuk**, DNP, MN, NP(F), FAANP

**0910-0930**

Federal Chief Nursing Officer, Health Canada

**Dr. Leigh Chapman**, RN, PhD

**0930-1030**

Regulator Panel

**Cynthia Johansen**, MAL, MSc

Registrar & Chief Executive Officer, British Columbia College of Nurses  
& Midwives

**Silive Crawford**, RN, BHScN, LLM

Registrar/Executive Director and CEO, College of Nurses of Ontario

**Lynn Power**, RN, MN

Executive Director, College of Registered Nurses of Newfoundland & Labrador

**Deb Elias**, RN, MN, FRE

Registrar and Chief Executive Officer, College of Registered Nurses  
of Manitoba

**1030-1100**

Coffee and Exhibitors

**1100-1130**

The Pivotal Role of Nurse Practitioners in  
Bioidentical Hormone Replacement Therapy  
(BHRT) in Canada

**Dr. Tammy O'Rourke**, BS/MS, PhD, RN, NP

**1130-1200**

Poster Presentations

**1200-1230**

Refractory Lower Back Pain, Beyond the Basics:  
A Review of Anatomy, Pathology, and Treatment  
Options

**Eric Lavoie**, NP, MN, FAA – Specialist in Musculoskeletal Pain  
& Rehabilitation

**1230-1300**

Closing Address



Your feedback has never been more important  
to shape the future.

Let us know what you think of our inaugural conference and help us continue  
to offer a forum of bringing together valuable knowledge, leadership and  
accomplished experts in our profession.

Scan the QR code and get started!



## distinguished speakers

### Steven Lewis - Keynote Speaker

Steven Lewis is a health policy and health services research consultant, and Adjunct Professor of Health Policy at Simon Fraser University. He led a health research granting agency, created the first evidence-based system improvement organization in Saskatchewan, and was a research director for major provincial and national health care commissions. He served on the National Forum on Health, Health Council of Canada, Health Quality Council of Saskatchewan, and the Governing Council of the Canadian Institutes of Health Research. He has worked with governments, health regions, regulators, professional organizations, and quality improvement agencies, and writes a monthly health policy column for the Saskatoon and Regina newspapers.

### Dr. Shafeena Premji, MD, CCFP, MHA, NCMP

Dr. Shafeena Premji is a family physician with a fellowship in Women's Health from Queen's University. She is the founder, owner and medical director of three medical clinics-Mahogany Medical Clinic, The Village Medical and her newest venture, Milestone - Menopause Centre of Southern Alberta. As an entrepreneur, her vision has always been to advance and increase accessibility for women's health care.

She currently practices low risk obstetrics in SE Calgary and dedicates the rest of her clinical time supporting women in midlife, menopause and beyond. She received her Menopause Society Certification (MSCP) in 2015. Dr. Premji serves on the Board of Directors of the Canadian Menopause Society (CMS) and the Medical Advisory Board of the Menopause Foundation of Canada (MFC).

She has made media appearances on CBC The National, The Dose Podcast with Dr. Brian Goldman, the Globe and Mail, Chatelaine Magazine, Yahoo Canada amongst others. She presents widely at conferences, lectures, and workshops to help educate colleagues, residents and the lay public on menopause. Finally, she is a mother of two beautiful young boys, wife, daughter, professional bridal henna artist, and loves all things fashion.

### Elder Eagle Speaker

Casey Eagle Speaker, also known as Sorrel Horse, is a respected Blackfoot Elder from the Kainai Nation/Blood Tribe. Casey was taken from his family at just four years of age and placed in a residential school until the age of fourteen. Casey is now the lead Elder for several organizations, including AU Arts. He is the Indigenous Resource Coordinator for Hull Services and also serves as the Chair of the Wisdom Council for Alberta Health Services. He provides traditional counseling, support, guidance, and ceremony for students, staff, families, and individuals and is passionate about equality for all people."

### Dr. Jay Patidar, MBBCh (Wits), FCP-Peds (S.A.)

Dr. Patidar qualified as an MD in 1979 from the University of Witwatersand, completed a fellowship in pediatrics in 1986 in South Africa. He practice as a consultant pediatrician in South Africa from 1986-1999. He then moved to Brandon Manitoba in 1999. He took up an associate position in department of pediatrics at the University of Alberta in 2004 and has since then been practicing at the Misericordia hospital in general pediatrics with an interest in asthma. He has received multiple teaching awards with having a passion for teaching and lecturing medical student and residents. His hobbies and interests catching a film on Netflix and spending time with his grandchildren.

### Sue Davis

Sue is a gifted strategist, facilitator, and coach with 25 years of experience designing dynamic, creative processes, interventions and events that promote learning, facilitate dialogue and, most importantly, drive meaningful change. Working with diverse stakeholders in health care, from the Ministry of Health to front line providers, patients and medical leaders, she contributes to positive impact as a change catalyst in leadership, governance, quality and experience. Sue has a Master's degree in Adult Education and draws extensively on her training as a visual practitioner, Human Systems Dynamics associate, process facilitator and popular theatre.



## **Honorable Adriana LaGrange**

Alberta Minister of Health

The Honourable Adriana LaGrange was elected to the Legislative Assembly for Red Deer-North in 2019 and again on May 29, 2023. She was sworn in as Minister of Health on June 9, 2023.

During her first term, Member LaGrange served as the Minister of Education.

Prior to serving with the Legislative Assembly, she was a trustee for the Red Deer Catholic regional school division for over 11 years, during which time she held every position, including board chair and provincial negotiator. She held the position of provincial president of the Alberta Catholic School Trustees' Association from 2015 to 2018 and Vice-President of the Canadian Catholic School Trustees' Association from 2017 to 2018.

Between 1981 and 2006, Member LaGrange intermittently worked for the Michener Centre in Red Deer, where she filled various roles, including as a shift charge, behavioural specialist and social academic.

She has also been involved in managing the family farm and the trucking division of a hog farm partnership since 1984. Over the years she has received numerous accolades for her community work, including having accepted the friend of the Alberta School Councils' Association award in 2017 and the St. Thomas More award in 2018. She has also been recognized by the Michener Centre for her avid volunteerism.

She was born in Guelph, Ontario, and holds an Honours Diploma in Rehabilitative Studies from Humber College in Toronto, Ontario.

She is a wife, mother of seven and proud grandmother of 8.

Member LaGrange was the 924th Member to be sworn into the Legislative Assembly of Alberta.

## **Dr. Timothy Foggin**, MDCM, MPH, FCFP, FRCPC, FACH, DipABLM

Dr. Timothy Foggin is the Medical Director of Teladoc Health Canada, responsible for medical strategy and innovation to deliver clinical excellence and grow whole person virtual care across Canada. Starting his medical career in family medicine, he later branched into travel medicine, public health and healthcare management while simultaneously broadening from urban and rural regions of Canada to a more global reach, including work in China and Southeast Asia.

Dr. Foggin is Fellow of the College of Family Physicians (FCFP), Royal College of Physicians of Canada (FRCPC, Public Health & Preventive Medicine), American College of Healthcare Executives (FACHE) and Diplomate of American and International Boards of Lifestyle Medicine. He lives, works, and plays in British Columbia, Canada.

## **Dr. Leigh Chapman**, RN, PhD

Federal Chief Nursing Officer, Health Canada

Dr. Leigh Chapman is committed to advancing the nursing profession in Canada to ensure equitable access to quality care. As CNO for Canada, she provides strategic advice to Health Canada, plays a convening role on key nursing issues, and represents the Federal Government at public forums.

Leigh is a registered nurse (RN) who received her PhD from the University of Toronto's Lawrence S. Bloomberg Faculty of Nursing. Over the past 20 years, she has gained a deep understanding of nursing by working in both frontline and clinical leadership capacities. In addition to her role as CNO for Canada, Leigh continues to work at a community-based consumption and treatment site in Toronto, where she provides harm reduction services and frontline care.



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