

# Complete the Survey

## Help Us Understand Menopause in the Workplace

Shaping Supportive Work Environments in Canada



### What Is It?:

A survey to better understand how symptoms of perimenopause and menopause affect women at work in Canada.



### Why Participate:

Your responses can help to shape workplace strategies to support women experiencing peri/menopausal symptoms



### Who Can Participate?:

- Any person suffering from perimenopausal or menopausal symptoms working in Canada



### Time Commitment:

Approx. 15-20 minutes



### Format:

Online survey: Complete from any device



### Privacy:

Anonymous & Voluntary



[CLICK HERE FOR THE SURVEY](#)  
or SCAN QR CODE

Please forward this message to people you think would interested!